Bon Secours Spiritual Direction Institute Graduates Accepting New Clients

How to choose a spiritual director…

Finding a spiritual director is a process that requires research, discernment, and prayer. You may have specific needs, preferences, and criteria that you are looking for in a spiritual guide, such as faith tradition, gender, location, education, and experience. You should consider talking to several spiritual directors before making your selection.

Here are a few questions to ask a prospective spiritual director:

- *What spiritual formation and training have you completed?*
- *What is your faith tradition and prayer practice?*
- *How long and where have you practiced spiritual direction?*
- *How would you describe your spiritual direction style?*
- *How do you continue your education and formation?*
- *What type of engagement agreement will we establish to clarify roles & responsibilities in our spiritual direction relationship?*
- *What fees do you charge?*
- *Where do you meet with your clients?*
- *Would you be willing to offer a free consultation session? (Most spiritual directors offer this.)*

In the process of selecting a spiritual director, be prepared to share your goals and any particular issues that you want to bring to spiritual direction. Knowing your intention for spiritual direction (e.g., enhancing your prayer practices, deepening your relationship to God) will help you find the best person to meet your needs.

The spiritual directors listed on the following pages have completed the Bon Secours Spiritual Direction Institute program.

PLEASE NOTE that the Congregation of Bon Secours and its affiliates are not responsible for the actions and relationships that graduates of the Bon Secours Spiritual Direction Program form with their clients. These individuals are private practitioners, who operate with their own professional standards and processes.

If you would like help selecting a spiritual director, feel welcome to contact:

- Bernadette Claps, CBS**,** Bon Secours Director of Spiritual Direction and Retreat Ministry, bernadette.claps@cbsparis.org
- Kathy Hope Brown**,** Director, Spiritual Direction Institute and lead faculty member, khbrown215@pm.me

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NAME	CONTACT INFO	BIO
Donna Bilek	410-236-7112 donna@earthwalkcenter.com Townson, MD Available on Zoom, by phone and in person at my office in Towson or at a mutually agreed upon location	I have been working as a Spiritual Director/Companion for over 15 years. I hold a M.A. in Theology from St. Mary's Seminary and University in Baltimore. For over thirteen years, I taught courses in Spirituality, Biblical Studies, and Death and Dying at Notre Dame of Maryland University and in Baltimore. In my work I have often been a spiritual companion to those who are dying. Because of this, in the fall of 2019 I attended the Companioning the Dying course established by Sister Rosemary Dougherty, SSND. I am an Associate with the School Sisters of Notre Dame, a massage therapist, and a music and theology teacher.
Jeanne Branch	434-825-5436 jeannebranch@comcast.net Waynesboro, VA (Southern Shenandoah Valley) Available to meet via Zoom, phone call, or in-person	I have been active in various roles of professional Roman Catholic lay ministry since 1975, with the last 15 years as director of adult faith formation in a parish setting. During that period, I discovered the ability to accompany someone on their spiritual faith journey was truly a gift for both. My own spiritual journey has convinced me that God works patiently with each of us in unique ways. Deep attentive listening reveals the mysterious workings of the Spirit. I have advanced degrees in religious studies and pastoral ministry; am recently retired, "resting in the Lord;" and, enjoying some travel and grandchildren time. I am available and ready to listen with you for God's action and call.
Susan Warnick Breslin	410-830-0834 Sbreslin91@yahoo.com Glyndon, Maryland (near Reisterstown) Available on Zoom, by phone, or in person at my office in Glyndon	I am a nurse with a master's degree in leadership and management. I have specialized in pediatrics and hold a certification in pediatric nursing. I have worked at Johns Hopkins and Kennedy Krieger Institute. I teach pediatric nursing at Johns Hopkins, University of Maryland, and AACC. I have received training in bereavement facilitation and have coordinated several support groups. I have facilitated widow support groups as well as groups for parents of ill children, and patient support groups. I am the founder of The Von-Hippel Lindau Alliance, an international organization for the treatment and support of individuals coping with this disease. I am an amateur artist and find an inspirational connection between art,

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		nature, and spiritual direction. It is an honor to walk with you on your spiritual journey. I offer an open heart, a listening ear, and a soul friend. Together, we will allow the Spirit to discern God's perfect will.
Deirdre M. Butterfield	631-375-4462 butterfieldsesqs@aol.com Alexandria, VA Available by Zoom and by phone, in person for initial get to know you meeting(s) at a mutually agreeable location and/or upon request.	Throughout my lengthy legal career, I advised countless clients from various backgrounds in both private and government roles. I became a good listener, meeting all manner of client problems including end-of-life decisions. In my personal life I companioned both my mother and husband, through the final stages of Alzheimer's. I also helped clients get their affairs in order by drafting wills, healthcare proxies, powers of attorney and like documents. My interest in discernment of God's work in the world led me to explore theology in formal seminary classes and as a personal avocation. I attended Union Theological Seminary in NY before moving to Virginia and continued coursework in VA. I grew up Roman Catholic but have been an active Episcopal Church member as an adult. The practice of centering prayer whether Christian or as part of Eastern spirituality has been a subject of interest to me. Iconography is a kind of contemplative/spiritual practice in which I joyfully engage. Spiritual Direction is different from counseling, in that a Spiritual Director's job is to aid people find their own answers by helping them find where God is present in their lives and where He is leading them.
Fr. Dennis Chriszt	513-658-5521 dccpps@aol.com Carthagena, OH (1 hour north of Dayton) Available in person at St. Charles Center or the Spiritual Center of Maria Stein Dennis-Chriszt-CPPS.org	I was ordained a Catholic priest in 1982 and have served in parish ministry for 17 years, as a formation director and vocation director for the Missionaries of the Precious Blood for 22 year. I've preached parish missions and retreats for over 25 years. I completed the Doctor of Ministry program at Catholic Theological Union in 1998. I've been involved in training ministers for the Christian Initiation of Adults for more than 30 years. I recently completed training with the Spiritual Direction Institute at Bon Secours Retreat and Conference Center. I also server my community as director of worship at the St. Charles Senior Living Community.

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Anne Dale	919-210-6809 Annedale4@gmail.com Norfolk, VA Available in Southeastern VA and Northeastern NC in addition to phone or virtual	I am an Episcopal Priest currently serving as priest-in-charge at The Episcopal Church of the Advent. I received my M.Div. from Virginia Theological Seminary, my M.Ed. (Adult Education) from North Carolina State University, and my BA in Home Economics from Meredith College, Raleigh, NC. Previous professional experiences were as Home Economist for the Cooperative Extension Service, substitute public school teacher, various part-time professional positions, and church and charitable volunteer positions mingled with motherhood. Listening intently, I become a companion/guide walking with you in your life's journey, helping you discover God's presence in the mundane and most significant slices of life, looking toward to the ongoing nurturance of your relationship with God.
The Reverend Eliza Davies	917-215-1796 Edaviesprof2@gmail.com Edavies@vts.edu Blog: https://www.tumblr.com/mothereliza Yonkers (Westchester County), N.Y. Available to meet in person, by Zoom, or by phone	I have been an ordained clergy in the Episcopal Church since May 2005. I served in different leadership capacities, mainly as a deacon and a clergyperson in charge of a small church. After several years as a deacon, I responded to the call to the Order of the Priesthood. I received a post-graduate Divinity Degree at Light House University and obtained an additional M.Div. degree from Virginia Theological Seminary. I am a Certified Marriage Facilitator from the PREPARE/ENRICH Program. I serve sacramentally in a suburban mid-size church as an Associate Priest. I have fun celebrating the Eucharist, preaching, and administration of youth activities. I genuinely believe that good listening ears and faithful connection in silence are the golden keys to spiritual direction.
Edward Driscoll	502-264-1263 broedcfx@att.net Catonsville, MD Available by appointment either by Zoom, FaceTime or in person.	I am a member of the Congregation of the Brothers of Saint Francis Xavier. My experience includes teaching theology, retreat work, counseling adolescents, administration, and spiritual direction both in the United States and Bolivia. I earned my degree in languages and theology from Catholic University of America in Washington, DC. Most recently I completed studies at Catholic Theological Union in Chicago in spiritual formation and cross-cultural ministry. In addition to English, I speak French and Spanish. I am committed

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		and would be honored to accompany you as you deepen your relationship with God, self, and others.
Kelly L. Feehely	443-986-0032 feehelycounseling@gmail.com Baltimore, MD Available by Zoom and phone; in-person meetings at a location to be determined.	The spiritual journey is a beautiful and wild one. I would be honored to be a companion and listener on your spiritual direction path. I have received my master's degree in Pastoral Counseling from Loyola University Maryland and counsel part-time. I work full time as an International Quality Assurance coordinator overseeing labs in other countries doing medical research. My personal journey with God has been so valuable, intimate, and powerful. I look forward to walking on your journey with you through the mundane daily routine, to the crisis moments, and to also to celebrate the joys. The Lord brings us Hope and Mercy and does not let us despair.
Bernadette Fiocco	267-346-3012 bern.fiocco120@gmail.com Franklinville, NJ (South Jersey) Available to meet in-person, by Zoom or by phone	As a spiritual director, I seek to guide people gently on the movement of God's Spirit in their lives and relationships. My faith is practiced within the Roman Catholic Church, but I deeply respect everyone's religious beliefs and spiritual practices. Drawing from my own life experiences, including the loss of my father and sister at a young age, supporting family members with addiction and mental health challenges, being a wife, mother, stepmother, grandmother, and guardian to orphaned relatives, I provide compassionate support. I've had the honor of accompanying the dying, leading parish ministries, and facilitating spiritual direction and study groups. With a background in management and decades of corporate experience, I blend practical wisdom with spiritual insight. With humility and deep faith, my heartfelt desire is to accompany others as they navigate life's complexities toward their desired destinations.
Linda Gosman	410-302-5249 Lindagosmanchristiancoaching@gmail.com Severna Park, MD Available via Zoom or telephone	My spiritual journey has taken many twists and turns enabling me to sympathize with the struggles we frequently encounter when trying to live a life of faith. There is no greater privilege or responsibility one might endeavor, than to accompany another into a deeper relationship with Jesus, nor a greater source of joy. We are all travelers, and are called to help one another, as we grow into the knowledge of God's great love and mercy towards His children.

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Susan Harthon	910-398-7870 s.harthon@mindspring.com York, PA Available to meet by Zoom or phone.	I am a Christian Protestant woman with twenty years of experience in ministry. As a multi-faith chaplain and a chaplain educator, I discovered that my deepest calling and gifting is accompanying others on their journeys of spiritual exploration and discovery. Together we listen for the leading and prompting of Spirit in all circumstances of life.
Toni Hartman	301-367-7445 tonihartman@verizon.net Bethesda, MD Open to arrange suitable meeting time and place in person or through Zoom or phone.	My life events most significant to spiritual direction include awareness and study of many faith traditions, especially contemplative prayer. I am a retired midwife, mother, grandmother, knitter, and poet. I particularly appreciate Parker Palmer, Krista Tippett, Richard Rohr, Dallas Willard, Thomas Merton, Julian of Norwich, Tara Brach, and many more. I am still learning, connecting, believing, hoping and "the greatest of these is love..."
Janis Heffron	202-232-2207 yikesamom@aol.com Washington DC Available via Zoom, telephone, in-person	I offer Spiritual Direction and Spiritual Guidance where together we will explore and discover where GOD is working in the everyday flow of your life. I'll look forward to witnessing with you GOD's loving presence in your life.
Rochelle House	812-371-7407 house.rochelle@gmail.com Annapolis, MD Available by Zoom, phone or in person	As a retired professional counselor, I care deeply for the world and all its inhabitants, and I am open to companioning others on this journey of life. Life is filled with joys and with challenges. Our task may be to find our peace within all of life and, in that peace, grow in our life with God. I would be honored to walk with you.
Mary Ka Kanahan	410-428-8090 mkkanahan@gmail.com Ellicott City, MD Available to meet in-person, by Zoom or by phone	I am a seminary-trained (M.Div.), ordained clergy in the Protestant tradition, spiritual director, and coach. I particularly enjoy working to help clergy and individuals discern the call to purposeful living with the support of holistic faith and life balance. My first career in public parks and recreation informs my body-mind-spirit approach to spiritual direction. My life experiences in an intercultural family, cross cultural living, and call to serve multicultural communities gives me an appreciation of and ability to relate to a variety of persons.

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William (Bill) Kraus	301-237-5900 Winterdog62@gmail.com Annapolis MD I am available to meet by Zoom or in person	My diverse life experiences - as a military officer, father, husband, attorney, and youth minister - have led me to accompany many people in various stages of their professional and personal lives. In that time, I have come to see how God's thread weaves through all and how accompanying someone as they seek that thread, and their intimate connection to God, has been a grace-filled journey that often unlocks the answer to many questions. It is my joy to walk with others and share your journey together.
Amy Sorensen Kulesa	301-606-3216 askulesa@gmail.com neshamaspiritualdirectionbreathwork.com Frederick, MD Available to meet in-person, by Zoom or by phone.	I serve as the Director of Associates for the Sisters of Bon Secours, USA. I earned a Master of Divinity from Princeton Theological Seminary and a Master of Social Work in clinical social work practice from Rutgers University. I am a graduate of the Epiphany Certification Program from the Epiphany Academy of Formative Spirituality in Pittsburgh, PA. I am a Secular Franciscan and a Bon Secours Associate. I offer spiritual direction and enjoy facilitating retreats in which participants have the opportunity to discern the narrative of their own lives within the larger story of God's abundant healing, grace, and mercy.
Linda Mastro	410-829-4309 linda@livingpilgrimage.com livingpilgrimage.com Easton, MD Available to meet via Zoom, phone and in person on the Eastern Shore of MD.	Curiosity, humor and open-hearted listening shape the relationships I form with individuals and groups seeking spiritual guidance, retreats, and pilgrimage experiences. I am a practicing Roman Catholic, a Bon Secours Associate, and on the faculty of the Bon Secours Spiritual Direction Institute. I am a graduate of the University of Delaware (English and Psychology) and the Maryland University of Integrative Health (Applied Healing Arts and Wellness Coaching.) During a 30-plus-year career in health care I held leadership roles in human resources, marketing and communications.
Betsy McPeak	410-562-4678 betsy.mcpeak@gmail.com San Antonio, TX Available via Zoom, phone and in person	I love to accompany others in their journey with God. Taking the time to listen to the movements and voice of God in the lives of others is such a joy to me. I also love waterfalls, blowing bubbles, anything artsy/craftsy, and being outdoors. Other credentials: B.A. Philosophy; M.A. Spiritual Formation; C.S. Lewis Institute Fellow; Renovare Institute Graduate. But what has mostly prepared me to be

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		a spiritual director is my own healing journey as well as following hard after God in my own life.
Julia Morris-Myers	207-460-6433 jmorrismyers@gmail.com Cherryfield, ME Available via Zoom and in person	I love discovering the sacred in everyday life and in the beauty of nature all around me. I am a musician, teacher, and spiritual director, and find great joy in helping others discern the Spirit in their lives. The Bon Secours Spiritual Guidance program and Shalem's Leading Contemplative Groups program have given me a deep appreciation for silence and contemplation.
Tara Mulder	410-442-3142 Tara.mulder@bonsecoursrcc.org Available to meet at Bon Secours Retreat & Conference Center, Marriottsville, MD or virtually	Listening to people talk about what's happening in their relationship with God is one of the greatest privileges of my life. During these conversations, it is a truly sacred experience when both directee and director are listening to the Holy Spirit. My goals are to help people to process whatever is bubbling up spiritually and to encourage them in their relationship with God. With a background in faith formation, a master's degree in practical theology, and more than 25 years' experience in Christian ministries, I have a deep love of God's Word in the Judeo-Christian Scriptures. On staff at Bon Secours, I'm available to meet with retreatants and others both onsite and virtually.
Jim Nalls	301-674-4091 jtnii@cs.com Rockville, MD Available in-person only	I have been an ordained deacon in the Roman Catholic Church for 22 years. I currently work full time as Executive Director at Catholic Charities of the Archdiocese of Washington, Inc.
John W Nupp (he/his)	443-285-3924 pasadenaumcpastor@gmail.com johnwnupp@gmail.com Available in person in Mt Airy and Ellicott City, phone and online	I have served since 1994 as a pastor in the United Methodist Church. From 2016 to 2021, I served as the inaugural Director of Call and Clergy Care for The Baltimore-Washington Conference. I enjoy providing spiritual direction to clergy colleagues, to enable others to clarify the ongoing call of God in their lives and assist with discerning new directions in their ministry. Intake and first session are free of charge.
Hyunmin Park	hyunmin.park.sd@gmail.com Catonsville, MD	My day-to-day work involves giving advice to policymakers as an economist. I hold a BA from Seoul National University and a PhD

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	I am available to meet virtually.	from the University of Chicago, both in economics. I became a spiritual director because I found my own spiritual direction sessions profoundly insightful and life-giving and felt called to share the experience with others. I am a woman in my thirties, married to a Lutheran pastor, and belong to the LGBTQ community. I grew up in the Roman Catholic Church and still consider it my home. During my young adulthood, Taizé played an important role in my spiritual formation; contemplative practices and music remain sources of joy that bring me closer to God. I look forward to accompanying you as you deepen your relationship with God and navigate both significant and everyday discernments in your life.
Lyle D. Peters	410-875-7461 LDPeters95348@sbcglobal.net Eldersburg, MD Available on Zoom, by phone, and in person at St. Alphonsus Rodriguez Retreat Center, Woodstock, MD, or another agreed upon location.	As an adult I have been involved in some aspect of church ministry (pastoral, director music, discipleship, teaching OT & NT, hospital visitation, home visitation, marriage preparation, baptismal preparation) during my life. Spiritual direction with directors from a variety of faith traditions has been a vital part of my spiritual journey in both the Protestant and Catholic Church. My training and experience include: a M.Div. and S.T.B., University of St. Mary of the Lake, Mundelein, IL; Master of Arts (Performance--Music Composition), CSU Fresno; 30-day Ignatian Silent Retreat, Los Altos, CA; summer unit of Clinical Pastoral Education training; two summers of US Army Chaplaincy training. I have learned that truly, "God writes straight with crooked lines."
Sr. Katharina Maria Pies	267-625-3049 kpies@holyredeemer.com Meadowbrook / Jenkintown, PA Available in the Philadelphia area in person, on Zoom and phone	Originally from Germany, I am a Sister of the Redeemer located outside of Philadelphia. I speak German and English fluently. I currently serve as a chaplain in a nursing home and hospital. I enjoy this sacred ministry of listening and companioning with people. In journeying with people, I encounter Jesus in a deep and intimate way. God is so close to us when we allow Him to come and touch our hearts. Spiritual direction for me is a sacred gift of encounter, the deep desire of letting God come close to our hearts and soul.
Verna B. Robinson	410-703-5139 vbrobinson@aacc.edu	I am a Licensed Minister (Ordained Elder) in The United Church of Jesus Christ, a retired Professor of English and Literature (Anne

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	Stevensville, MD Available via Zoom or by phone	Arundel Community College) and have a Doctor of Arts (George Mason University). With joy, I have directed retreats for women, children and youth, couples, seniors, and ministry leaders for my church. Since 2009, through *Holos* Life Ministries in Stevensville, I have directed Pre-marital Preparation and Marital Coaching, Respite Retreats for Pastors and Clergy, and Private Retreats for individuals. These experiences were steppingstones to my current ministry in Spiritual Direction. I will walk with you on your spiritual journey, listen with compassion, and be your spiritual companion as you deepen your spiritual life. Grace & Peace!
Brigitte Rochereau	410-263-7268 bmarin22@verizon.net Available to meet in person at Bon Secours RCC in Marriottsville, via Zoom or telephone	Time and again our life journey invites us to new beginnings. Guided by the Holy Spirit, we will acknowledge/honor where we are with an open mind and heart. We will learn to listen prayerfully with our heart's ears. In this light, we may discover/explore the true nature of our spiritual yearnings- explicit or latent. Through patient reflection, we will be invited to pause and notice the inspirations of grace in our life. As we gently deepen our ability to listen, we will slowly discover that an abundant potential for creative insight, healing and transformation is awaiting us.
Nancy Santamaria	610-605-7781 Nance4dance@gmail.com nsantamaria@sjvcenter.org Paoli, PA Available in-person at Daylesford Abbey, Paoli PA, on Zoom and by phone.	I have been practicing spiritual direction and directing retreats for over 10 years. Some areas of expertise are grief and loss, prayer forms, self-compassion, and forgiveness. I also teach art journaling workshops and embodied prayer forms to weave with spirituality. I have Masters degrees in both Art and Holistic Spirituality.
Michael Schleupner	410-935-5588 michael.schleupner47@gmail.com fathermikeinbox@gmail.com Lutherville, MD	Father Michael Schleupner was ordained in 1972 and has been a priest of the Archdiocese of Baltimore for fifty-two years. For the past eight years, he has devoted himself to a ministry of spirituality. This especially includes spiritual direction, some retreats or retreat days, sacramental assistance at a parish, and a weekly electronic spirituality column called Inbox Inspirations which one can receive

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	Available on Zoom, by phone and in person at my office in Lutherville or at Bon Secours Retreat and Conference Center in Marriottsville, MD.	at no cost (fathermikeinbox@gmail.com). Father's Sunday homilies are also available at (https://www.facebook.com/FatherMichaelSchleupner). Father offers spiritual direction at Our Lady of Grace Parish in Parkton, at the Caritas Counseling Center in Lutherville, and at the Saint Luke Institute in Silver Spring. Father Michael meets in-person or virtually, and by telephone if necessary. Father is a graduate of the Bon Secours Spiritual Direction Institute. In recent years, he has also done studies in spirituality and secularism.
Thomasina Wharton	443-414-4561 twharton@redeemerbaltimore.org Baltimore, MD Available in person, in my office and via Zoom.	I am a retired Executive Pastor for over 25 years. I am an alumnus of Renovare Institute for Christian Spiritual Formation. Currently I serve as the Director for the Center for Wellbeing at Church of the Redeemer (Episcopal) in Baltimore. I welcome fellow travelers to a safe place where they can be curious about what God is up to in their lives. In my work I incorporate an array of spiritual practices and disciplines, which include dream work and healing circles. These practices enable individuals to deepen their relationship with the Divine and develop an authentic and meaningful spiritual life. I also work with a discernment group. I am a mentor for Baltimore Life Coaches and a member in good standing with Spiritual Directors International
Stephen Williams	619-647-4781 sw.bloomingministries@gmail.com San Diego, CA Available via zoom or phone call	As a spiritual director, I want to guide and support you. My goal is to listen with the Spirit of God and journey with you as you navigate your faith path. Just like God, I do not discriminate. We are all His children, and we were all born this way. I have been active in parish ministry for almost 10 years and am currently the Director of Catechetical Ministry at a Roman Catholic church in San Diego. I have a bachelor's degree from the University of Dallas, with my major in Pastoral Ministry. I am a graduate of the Bon Secours Spiritual Direction Institute Cohort 7. Let's listen to the Spirit together.
Bettye Wolinski	410-292-2360 emwolinski@msn.com	I am a retired nurse and now serve the Lutheran Church ELCA as a pastor. I specialize in church development and reconstruction. My

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	Bethany Beach, DE Available for Zoom or phone sessions as well as in person meetings if you live nearby.	verse for this year on which I focus is: *See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland.* ~ Isaiah 43:19
The Reverend Creamilda Shirley Wulck-Nortey Yoda	301-263- 6988 consult@bethelcharismatique.org creamsnyoda@gmail.com Beltsville and Clinton, MD Available on Zoom, by phone and in person at my offices in Beltsville, Clinton or at a mutually agreed upon location	I earned a master's in divinity from the Virginia Theological Seminary, and degrees in Business Administration, Project Management and Human Resource Management. I am also a certified PREPARE-ENRICH Facilitator/Counselor for pre-marital, marital, and family life. I have worked as a priest for over thirty years in the non-denominational church teaching, providing spiritual counseling, pastoral care, spiritual companioning and liturgical ministry for both individuals and families. I currently work as a priest in the Episcopal Church. I have also worked as a Consultant and Administrator in Business, Administration and Management for over twenty years. I am open-hearted, empathetic, and passionate about being available and helping others (individuals or groups) who seek spiritual guidance, companioning, and direction.